



Northamptonshire Carers  
Supporting Unpaid Carers  
Registered Charity No. 1061417

# BECOME A COMMUNITY COMPANION...

## VOLUNTEER WITH US TODAY

### YOUR LOCAL COMMUNITY NEEDS YOU...

*Help a little, give a lot.*

Community Companions are looking for volunteers to give up 2-3 hours of their time, once a fortnight, to visit someone in their own home.

Visits run Monday - Sunday at a time suitable for you!

This is purely a befriending service, training and expenses are paid for, and you will be making a huge difference to the life of a carer in your community.

Providing comfort and support to the cared-for, will allow the carer to have a well deserved break.



Volunteer Application Form

### INFORMATION



01933 677907



123 Midland Road, Wellingborough,  
Northamptonshire, NN8 1LU.



[www.northamptonshire-carers.org](http://www.northamptonshire-carers.org)



[volunteering@northamptonshire-carers.org](mailto:volunteering@northamptonshire-carers.org)

If 1:1 visits are not suitable for you, we do have other volunteering opportunities including Telephone Befriending and group settings. Please contact our Volunteer Manager for more information.